

Day 10 Ayurvedic Tour Package-Soul & Senses

Highlights

Welcome to our captivating Ayurvedic Tour Package (9N/10D), your gateway to holistic wellness and rejuvenation in the enchanting land of Sri Lanka. Embark on a transformative journey as we take you on an exquisite exploration of Ayurveda, an ancient healing tradition deeply rooted in this tropical paradise. Our well-planned voyage allows you to relax at Ayurveda retreats and discover yourself. Indulge in rejuvenating spa therapies, savour delectable Ayurvedic cuisine, and experience the therapeutic touch of skilled practitioners. Discover the secrets of Ayurveda through insightful workshops and informative sessions. We provide carefully tailored Ayurvedic excursions to reconnect with your inner self, balance mind, body, and spirit, and enjoy a deep feeling of well-being. Join us on this special Ayurveda tour package and embark on a voyage to rejuvenation and vitality.

Day 01 to Day 09: Airport - Kandy, Sri Lanka



WELCOME TO SRI LANKA AYUBOWAN!!!

("Wishing you a long life" in Sinhala Language)

Welcome to our Ayurvedic Tour Package (9N/10D), a transformative journey into the realm of ancient healing and holistic well-being amidst the enchanting landscapes of Sri Lanka. Discover the unparalleled rejuvenation and inner harmony that Ayurveda offers as you embark on a soul-soothing escape to the luxurious Santani Wellness Resort & Spa, nestled in the serene Central Highlands.

From the moment you arrive at the airport, our dedicated representative will extend a warm welcome and assist you in seamless transportation to the Santani Wellness Resort & Spa. As you enter this calm paradise, you'll be fascinated by the resort's serene atmosphere, stunning views, and holistic wellness.

During your nine-night stay, immerse yourself in a personalized Ayurvedic wellness therapy course tailored to your individual needs. Under the guidance of licensed practitioners, you will undergo a comprehensive evaluation by the resort's government-licensed resident Ayurveda practitioner. This assessment will lay the foundation for your

unique wellness journey, focusing on achieving a healthy lifestyle and addressing specific concerns through the power of Ayurveda.

Drawing from the ancient wisdom of Ayurveda, the practitioner will curate a holistic wellness plan centered around detoxification, natural herbal therapies, oil massages, and specialized therapeutic treatments. Each session will balance and rejuvenate your body, mind, and soul. As you surrender to the healing touch of the expert therapists, you'll experience a profound release of stress and tension, paving the way for a renewed sense of vitality.

To complement your Ayurvedic retreat, we have carefully crafted a series of enriching excursions. Delve into the mesmerizing realm of Pinnawala, where you can witness the majestic elephants in their natural habitat, observing their gentle interactions and learning about conservation efforts. Embark on a spiritual journey to the revered Temple of the Tooth, a sacred sanctuary that houses the relic of Lord Buddha's tooth, radiating serenity and reverence. Furthermore, explore the vibrant city of Kandy, with its bustling markets, historic landmarks, and captivating cultural heritage.

Nourishment is a vital aspect of your holistic wellness experience, and the Santani Wellness Resort & Spa is dedicated to providing you with exceptional culinary offerings. Our skilled chefs will meticulously prepare meals that align with the recommendations of the Ayurveda practitioner, ensuring that you receive a balanced, nutritious, and delicious dining experience. Drawing inspiration from local ingredients, each dish will be infused with flavors that delight the palate and support your overall well-being.

Beyond the Ayurvedic treatments and cultural immersions, the Santani Wellness Resort & Spa offers a range of additional amenities to enhance your stay. Take a dip in the mesmerizing infinity pool, offering breathtaking views of the surrounding mountains, or partake in invigorating yoga and meditation sessions amidst nature's embrace. Allow the resort's calm ambiance to engulf you in peace and tranquillity.

As your Ayurvedic journey draws to a close on Day 10, you'll bid farewell to the Santani Wellness Resort & Spa, carrying with you the transformative benefits of Ayurveda. Our team will ensure a seamless departure experience, taking care of all the necessary arrangements and ensuring that you leave with cherished memories and a renewed sense of well-being.

Embrace the profound healing traditions of Ayurveda, embark on a path to holistic wellness, and surrender to the nurturing embrace of the Santani Wellness Resort & Spa. Ayurveda may restore your body, mind, and soul, giving you a lasting feeling of balance and inner harmony. Book your tour now.

Meals: All Inclusive

Hotel: Santani Wellness Kandy 5* or Similar

Day 10: Departure

As your Ayurvedic wellness journey comes to a close, take a moment to embrace the newfound sense of balance, rejuvenation, and inner harmony you have cultivated over the past 9 nights. After a nourishing breakfast at Santani Wellness Resort & Spa, take in the final serene views of the misty highlands before preparing for departure.

Our team will ensure a seamless check-out process, assisting with your luggage and all necessary arrangements for a smooth transfer to the airport. Whether you choose to reflect on your transformative Ayurvedic experience or simply relax during the journey, we guarantee a stress-free farewell.

With a heart full of cherished memories and a renewed sense of well-being, you'll board your flight, carrying the healing essence of Ayurveda with you—one that will continue to guide you toward a healthier and more mindful lifestyle.

Inclusions:

- 09-night All Inclusive accommodation in hand-picked 5-star hotel including meals as per itinerary
- Airport transfers
- Hire an air-conditioned vehicle including fuel
- Services of an English-speaking Driver/guide for Transfers
- Entrance fees for Temple of the Tooth, Pinnawala Elephant Orphanage
- Applicable all taxes

Exclusions:

- Airfares & Visas
- Travel Insurance
- Early checking & late checkouts
- Tips & other personal expenses of a personal nature.
- All entrances, tours, or optional excursions not mentioned in the above inclusions
- Private departure transfers for individual extensions
- Camera permit charges & video permits at certain locations
- Any other items not under inclusions.